

#### § 4 Ban on injections

*Comments: the aim of this paragraph is to prohibit the use of injections to administer drugs or substances without a clear and recognized medical indication (i.e vitamins, enzymes, cofactors, sugars, amino-acids, proteins, anti-oxydants, etc.). In particular, it refers to injections aimed at improving and speeding up recovery or decreasing fatigue.*

13.1.062 The injection of any substance to any site of a rider's body is prohibited unless all of the following conditions are met:

1. The injection must be medically justified based on latest recognized scientific knowledge and evidence based medicine. Justification includes physical examination by a certified medical doctor and an appropriately documented diagnosis, medication and route of administration;
2. There is no alternative treatment without injection available;
3. The injection must respect the manufacturer-approved indication of the medication;
4. The injection must be administered by a certified medical professional;
5. Except when received during hospital treatment or clinical examination the injection must be reported immediately and in writing not later than 24 hours afterwards to the UCI Doctor (**via email [medical@uci.ch] or fax [+41244685948]**), except for riders with a valid TUE). The report must be made by the medical doctor having examined the rider and must include the confirmation that a physical examination took place, the diagnosis, medication and route of administration. Where applicable it shall also include the prescription referred to in article 13.1.065.

*Comment to par. 5: the report may be sent by the medical doctor or the rider. The rider is responsible for the report to be sent.*

13.1.063 The prohibition under article 13.1.062 applies to any substance that is injected, whether endogenous or exogenous, whether prohibited under the UCI Anti-Doping Rules or not.

13.1.064 The prohibition under article 13.1.062 applies to any type of injection: intravenous, intramuscular, intraarticular, periarticular, peritendinous, epidural, intradermal, subcutaneous etc.

13.1.065 In case of a local injection of glucocorticosteroids, which is subject also to the Anti-Doping Rules and the Prohibited List, the rider must rest and is prevented from competing for 48 hours.

The medical doctor having prescribed the injection shall prescribe this rest in writing to the rider and add to the documentation referred to in article 13.1.062.1 a copy of such prescription signed by him/herself and the rider.

13.1.066 In case of an injection of a prohibited substance, in addition to the requirements of articles 13.1.062 and 13.1.065, a Therapeutic Use Exemption remains required and the procedure foreseen in the Chapter IV of the Anti-Doping Rules has to be followed.

13.1.067 The following penalties shall be imposed in the event of an infringement of article 13.1.062:

suspension from eight days to six months and/or a fine of CHF 1000.- to CHF 100'000.-; in the case of a second offence within two years of the first: a suspension of at least six months or lifetime suspension and a fine of CHF 10'000 to CHF 200'000.-.

The penalties shall apply to any licence-holder found to have committed the violation or to be an accomplice; application of article 1.1.086 is reserved;

13.1.068 In addition to the sanctions stipulated in article 13.1.067 the following shall apply:

In case of infringement of article 13.1.065 all results obtained by the rider in the 48 hours period shall be disqualified.

In case a violation of article 13.1.062 occurs at a race the licence holder(s) concerned and, where appropriate, the whole team of the licence holder(s) at fault may be excluded from the race; in this respect the possession of objects used or fit for an injection shall be presumed to constitute evidence of a violation of article 13.1.062 having been committed except if the objects are in the possession of the medical doctor who has made the report referred to in article 13.1.062.5 and are covered by such report and except for those objects that may reasonably be in a medical doctor's possession. The exclusion may be decided by the president of the commissaries panel after having given the persons concerned the opportunity to be heard or by the president of the disciplinary commission upon report by the president of the commissaries panel.

13.1.069 At stage races expedited disciplinary proceedings may be conducted as determined by the president of the disciplinary commission.

13.1.070 The disposal of any material used for an injection shall conform to recognised safety standards.